

Madawaska Elementary School

October 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sunbutter & Jelly Sandwich offered daily as an alternate choice for lunch.	Low Fat and Fat Free Milk offered at every meal.	Menus are subject to change without notice!		Breakfast: Cereal, milk, fruit and fruit juice offered every morning!
2 Sweet & Sour Chicken Flavored Rice Veggies Fruit Gr. 4-6 Salad Bar B: Yogurt	3 Taco Burger Hot Veggies Fruit Brownie Gr. 4-6 Salad Bar B: Egg & Cheese Wrap	4 Homemade Lasagna Homemade Buns w/Butter Green Beans Fruit Gr. 4-6 Salad Bar B: Toast & Cereal	5 Chicken Quesadilla w/Sour Cream Salsa, Lettuce, Tomatoes Corn on the Cob Fruit Gr. 4-6 Salad Bar B: Blueberry Muffin	6 Pizza Burger Steamed Carrots Sweet Potato Fries Fruit Gr. 4-6 Salad Bar B: Toast & Cereal
9 Holiday	10 Chicken Nuggets Chinese Macaroni Hot Veggies Fruit Gr. 4-6 Salad Bar B: Yogurt	11 Meatball Sub Pasta Salad Baked Beans Fruit Gr. 4-6 Salad Bar B: Hard Boiled Egg	12 Deli Combo Subs Poutine Lettuce, Tomato, Green Peppers Fruit Pudding Gr. 4-6 Salad Bar B: Pancakes	13 Homemade Pizza Macaroni & Ham Salad Carrot Sticks w/Dip Fruit Gr. 4-6 Salad Bar B: Toast & Cereal
16 Tomato Rice Soup Tuna Rolls Hot Veggies Fruit B: Yogurt	17 Egg, Waffles & Ham Baked Beans Fruit Gr. 4-6 Salad Bar B: Coffee Cake	18 Spaghetti w/Meat Sauce Caesar Salad French Bread Fruit Gr. 4-6 Salad Bar B: Toast & Cereal	19 Fish Sticks Mashed Potatoes w/Gravy Peas Fruit Gr. 4-6 Salad Bar B: Blueberry Muffin	20 Cheesy Mascot Garlicky Bread w/ Marinara Sauce Broccoli Fruit Pudding Gr. 4-6 Salad Bar B: Toast & Cereal
23 Early Release Hot Ham & Cheese Garden Spinach Salad Carrot Sticks Fruit B: Yogurt	24 Chicken Pot Pie Homemade Rolls w/Butter Cranberry Sauce Hot Veggies Fruit B: Toast & Cereal	25 Spanish Franks on Rice Broccoli Salad Fruit Homemade Brownie Gr. 4-6 Salad Bar B: Egg & Cheese Eng. Muffin	26 Homemade BBQ Chicken Pizza Caesar Salad Fruit B: Coffee Cake	27 Pulled Pork Sandwich Coleslaw Fruit Homemade Apple Crisp Gr. 4-6 Salad Bar B: Toast & Cereal
30 Chicken Noodle Soup Celery w/Sunbutter Homemade Angel Biscuits Fruit B: Yogurt	31 Mummy Dogs Baked Beans Homemade Creepy Crawly Salad Candy Corn Fruit Cups Dirt Cups w/Worms B: Egg & Cheese Wrap			